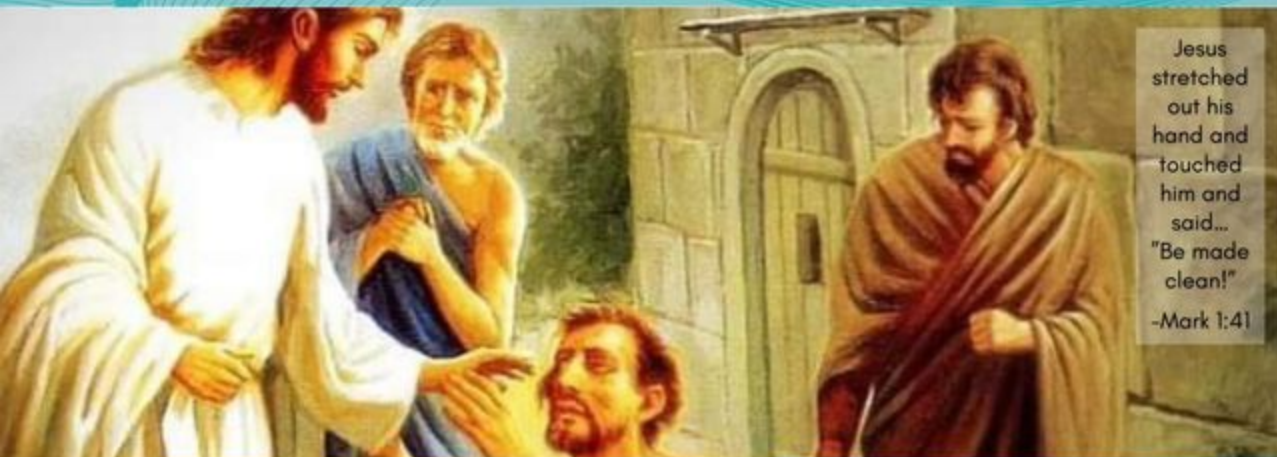


ST. JOSEPH'S PARISH

98 YEARS OF WITNESSING AND SHARING THE CATHOLIC FAITH



Jesus stretched out his hand and touched him and said... "Be made clean!" -Mark 1:41

6TH SUNDAY IN ORDINARY TIME • FEBRUARY 11TH, 2024

SUNDAY MASS SCHEDULES

Saturday | 5:30 PM (*Anticipated Mass*)

Sunday | 9:30 AM

DAILY MASSES

Monday to Saturday | 9:30 AM

HOLY ROSARY

30 minutes before each Mass, except on Wednesdays, we pray the St. Joseph's Rosary and the Novena to Our Mother of Perpetual Help after the 9:30 AM Mass

EUCCHARISTIC ADORATION

Friday from 10:00am to 11:00am

CONFESSIONS

Available 1 hour before each Mass

BAPTISM

Call the parish office for arrangements

MARRIAGE

To schedule a marriage, contact the office at least 6 months prior to your desire date

ANOINTING OF THE SICK

Contact the office at 604.390.4139

FUNERALS

To make funeral arrangements, kindly call the parish office at 604.390.4139

MASS INTENTIONS / BLESSINGS OF CAR, HOUSE, ETC.

For appointments & more information please call the parish office at 604.390.4139



If anyone needs assistance, please contact **Daniel Gillespie** at 604.849.3945

Pastor : Rev. Fr. Nicolas Tumbelaka

Rectory / Parish Office : 604.390.4139

(Please send email or text messages only. Voicemail is not working properly.)

Parish Email : parish.sjs@cav.org

Website : <https://stjosephsquamish.com>

Facebook Account : St. Joseph's Parish
Garibaldi Highlands

"If it is not polluted by vice, falling in love is one of the purest feelings. A person in love becomes generous, enjoys giving gifts, writes letters and poems. He stops thinking of himself to be completely focused on the other. This is beautiful. And if you ask a person in love, "Why you love?" they won't have an answer: In so many ways their love is unconditional, without any reason. You must have patience if that love, which is so powerful, is also a little naive: lovers does not really know the face of the other, they tend to idealize them, they are ready to make promises whose weight they don't immediately grasp."

PLEASE REMEMBER TO PRAY FOR THE SICK ESPECIALLY:

Cauyong, Fernando
Cauyong, Nita
Durig, Fred
Milia, Domenico
Milia, Maria
Milia, Rita
Nyland, John
Razzano, Rosa

Runzer, Mima
Splinter, Bob
Tacugue, Nieves
Vanderhor, Bill
Van Loon, Nell
Williams, Dinah
Wippich, Joan



...and all our sick parishioners, benefactors, family members and friends.



FEBRUARY 14TH, ASH WEDNESDAY MASS SCHEDULE

9:30 am
7:00 pm

What is Ash Wednesday?

Ash Wednesday is the first day of the liturgical season of Lent. It always falls six and half weeks before Easter.

Where do the ashes come from?

In the Catholic tradition, we receive palm leaves, which have been blessed, to hold onto during Mass and bring home. The leftover palms from Palm Sunday are then burned and saved for the next Lenten season. So, this year's ashes are from the palms of Palm Sunday 2023.

What do the ashes represent?

The ashes symbolize our mortality. They are a physical reminder that our bodies will decay, but our souls will live on in eternal life.

What Is Fasting?

In the Catholic Church, fasting is a practice in self-discipline with a penitential focus. In the context of Lent, it refers to reducing food intake and limiting how many meals we have.

What are the Lent fasting rules?

On Ash Wednesday and Good Friday, fasting rules allow Catholics to eat only one full meal and two smaller meals which, combined, would not equal a single normal meal. Additionally, Catholics may not eat meat on these two days-or on any Friday during Lent.

What are the Lent rules on abstinence?

In this context, abstinence refers to "abstaining" from meat on Fridays during Lent. Whereas Catholics fast on Ash Wednesday and Good Friday with just one large meal, Catholics must refrain from eating meat on other Fridays, though they can have three full meals.

At what age do you start fasting for Lent?

Those ages 18-59, in reasonable health, are required to fast on Ash Wednesday and Good Friday. Those 14 and older must abstain from meat on Fridays during Lent. Canon Law does mention that for young children not fasting, parents should still communicate the meaning and penance.

Who is exempt from fasting during Lent?

Children, adults with physical and mental illness, pregnant women and those nursing are all exempt.

When is fasting over?

Lent ends on Holy Thursday, but Lenten fasting continues until Easter.

Can you eat meat on Good Friday?

Since Good Friday itself is a day of abstinence, it's best to abstain from meat, as in the Fridays of Lent.

Do Sundays count for fasting?

It's been a custom for Catholics to give something up during Lent, in addition to the fastings and abstinence rules. Some keep their sacrifice continuously, but Sundays during Lent are not "prescribed days of fasting and abstinence." Ultimately, it's a personal decision.

LECTORS AND USHERS MINISTRY

All lectors are asked to please meet after the masses on the weekend on February 17th and 18th.

To those who have signed up to be lectors for the 5:30 pm Saturday anticipated mass, please attend after the Saturday mass and those who signed up to be lectors for the 9:30 am Sunday mass, please attend after the Sunday mass.

The meeting will be brief to find out people's availability for the next schedule - March, April and May as well as to review the process of delivering the Word of God and other important concerns.

Copies of Pronunciation Guides will be available for anyone who would like to have one.

If you cannot attend please contact Sheila Hart by phone at (250) 945-9731 or by email theharts1967@gmail.com

LENT 2024

Ash Wednesday February 14
Palm Sunday March 24
Holy Thursday March 28
Good Friday March 29
Easter Sunday March 31


HARU

FUSION CUISINE

Book your table now for a romantic Valentine's date or a delightful family gathering this coming Family Day long weekend.

Limited spots available!

Reserve yours today by calling (604) 567 7774.

 40022 Government Road, Squamish

 [harufusionsquamish](https://www.instagram.com/harufusionsquamish)